



Outdoor Adventures

Canoeing Personal Packing List

Qty	Item	Check
1	Backpack/Large Dry Bag	Provided by OA
1	Sleeping Pad	Provided by OA
1	Sleeping Bag	Provided by OA
1	Headlamp	Provided by OA
1	Small Dry Bag	Provided by OA
1	Water Bottle	
1	Polypro Top/Base Layer	
1	Polypro Bottom/Base Layer	
2-3	Underwear	
1-2	Non-Cotton T-Shirts	
1	Shorts	
1	Pants	
1	Longsleeve shirt/Mid Layer	
1	Fleece Jacket/Insulating Layer	
1	Rain Jacket & Rain Pants (Weather Dependent)	
1	Pair of Gloves (Weather Dependent)	
1	Warm Hat (Weather Dependent)	
1	Sun Hat	
2-3	Pairs of Wools Socks	
1	Pair of Sandals/Water Shoes	
1	Pair Hiking Shoes (If Needed)	
1	Sunglasses	
1	Bandana	
1	Toiletries <i>(toothbrush/paste, wipes, lotion, glasses/contacts, sunscreen)</i>	