



DUKE®

RECREATION & PHYSICAL EDUCATION

The mission of Duke Recreation & Physical Education is to provide exceptional and diverse opportunities that promote healthy active lifestyles in a safe, inclusive environment.

SAFETY • COMMUNICATION • INTEGRITY • TEAMWORK •
INCLUSIVENESS • HEALTHY LIFESTYLES • FUN

#TogetherWeRec



recreation.duke.edu



recreation@duke.edu



@dukerec

For program information, visit the
MyRec Portal (myrec.recreation.duke.edu) or
download the MyRecMobile App on the [App Store](#) or [Google Play](#).

VISIT US

For parking information, please visit parking.duke.edu.

Wilson Recreation Center

330 Towerview Rd Durham, NC 27708 • 919.613.7489

The Wilson Recreation Center is located on West Campus. Wilson measures at 99,000 square feet and offers 4 basketball/ volleyball wood floor courts, 2 classrooms, weight room, 35 ft. tall climbing wall, spin room, racquetball court, functional training room, indoor pool, 2 squash courts, track and 2 multi-purpose rooms with mirrors.



Brodie Recreation Center

20 Brodie Gym Dr. Durham, 27705 • 919.613.7534

The Brodie Center is located on East Campus. Brodie measures at 50,000 square feet and offers 4 basketball-volleyball wood floor courts, a classroom, mind and body studio, track, weight room, 2 racquetball courts, indoor pool and a multi-purpose room with mirrors.

BECOME A DUKE REC & PE MEMBER

As a member of Duke Rec & PE, you have exclusive use of both on-campus recreation facilities and access to all of its in-person and virtual programs. Your membership is your ticket to the many ways Duke Rec & PE can help your overall well-being and provide opportunities to create community while being active.

Enrollment is open throughout the year and is available to faculty, staff, alumni, retirees, visiting scholars and student spouses.

Visit our [website](#) for information on rates and how to enroll.

TOGETHER WE...



Dive into the world of **AQUATICS** by taking **swim lessons**, available for all levels and ages. Expand your skills in **health and safety with courses** including lifeguarding, first aid and CPR/AED. All of our programs are open to Duke Rec & PE members and some, such as Youth Learn-to-Swim and Red Cross trainings, are open to the general public. No matter the level of skill or interest, there is something for everyone.

Enhance fitness knowledge and skills, relieve stress, learn of health benefits and work towards realistic fitness goals through our **FITNESS AND WELLNESS** programs. We provide a variety of free and fee-based opportunities for the Duke community to explore different areas of fitness and wellness including **free group fitness classes, personal training and small group programs.**



Participate with and against other members of the Duke community in a variety of fun and unique recreational activities offered through **INTRAMURAL SPORTS**. We offer a variety of **team and individual activities** throughout the year and are open to participants of all skill levels. Intramural Sports provides a fun, safe and fair environment for all students, faculty and staff to feel welcome.



Find your destination for outdoor recreation at Duke with the **OUTDOOR ADVENTURES** program. Discover new outdoor areas and activities through our variety of **outdoor trips** or build your skills by taking one of our **instructional workshops**. We also have a variety of **outdoor equipment** available for the Duke Community to rent. **Wilson Indoor Climbing Wall** is available for Duke Rec & PE members of all levels and we provide all equipment needed at no cost.



Experience a variety of inclusive recreational opportunities that accommodate a wide range of abilities and experience levels. Duke Rec & PE strives to provide several **ADAPTIVE PROGRAMS** for individuals with disabilities, including **adaptive climbing and yoga**. In addition, we work closely with Special Olympics of NC to provide **adaptive swimming** programs, as well as a **Unified Sports league** that competes in basketball and flag football.



Become a part of the Duke Rec & PE team through our various **EMPLOYMENT** opportunities. We employ nearly 200 Duke students in **facility operations, administrative offices and program areas**. We are always looking for motivated and dedicated individuals to join our team. Opportunities and contact information are available [online](#).



Join one of the 30+ **SPORT CLUBS** for the opportunity to represent the Duke community in **local, regional, national, and international competitions**. Teams are formed, organized, and governed by their members and welcome both veteran athletes and newcomers. Sport Clubs operate in an inclusive environment and require no tryouts or cuts to participate. A full list of clubs and contact information can be found on our [website](#).



Build regular exercise into your weekly schedule while learning a new sport or activity with an **activity course** or dive into a variety of health and sport-related disciplines with a **lecture-based theory course**. The Department of Health, Wellness, and **PHYSICAL EDUCATION** offers academic opportunities through a diverse collection of [course offerings](#) available to undergraduate and graduate students.



**TOGETHER
WE REC**

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