



## Day Trip Personal Packing List

### Rock Climbing, Bouldering, Hiking, Mountain Biking

| Qty | Item   | Check |
|-----|--|-------|
| 1   | Backpack   |       |
| 1-2 | Reusable Water Bottles                                     |       |
| 1   | Sun Hat  |       |
| 1   | Sunglasses   |       |
| 1   | Pair of Hiking Shoes (Tennis Shoes OK)                     |       |
| 1   | Rain Jacket (Weather Dependent)                            |       |
| 1   | Insulating Layer (Weather Dependent)                       |       |
| 1   | Personal Items - Sunscreen, Camera, Medications (Optional) |       |