

FINALS GROUP FITNESS SCHEDULE | April 27 – May 3, 2024

	SATURDAY, APRIL 27	SUNDAY, APRIL 28	MONDAY, APRIL 29	TUESDAY, APRIL 30	WEDNESDAY, MAY 1	THURSDAY, MAY 2	FRIDAY, MAY 3
Class: Time: Location: Instructor:	Cycle 9:15am Wilson Cycle Studio Matt	Cycle 1:00pm Wilson Cycle Studio Megan	Cycle 6:30am Wilson Cycle Studio Joy	Express X-Train 12:00pm Wilson FTS Brendan	Cycle 6:30am Wilson Cycle Studio Matt	Cycle 6:30am Wilson Cycle Studio Taylor	Cycle 5:30pm Wilson Cycle Studio Mckenna
Class: Time: Location: Instructor:	Muscle Pump 11:00am Wilson 125 Keri	Cycle 4:00pm Wilson Cycle Studio Joy	Express Muscle Pump 7:30am Wilson 110 Keri	Kickboxing 5:15pm Wilson 125 Jesse	Power Yoga 5:30pm Edens Jesse	Express X-Train 12:00pm Wilson FTS Brendan	
Class: Time: Location: Instructor:		Cycle 6:00pm Wilson Cycle Studio Mckenna	X-Train 3:00pm Wilson FTS Natalie J	Cycle 5:30pm Wilson Cycle Studio Taylor	Cycle 5:30pm Wilson Cycle Studio Maddie	Pilates 5:15pm Wilson 125 Anna	
Class: Time: Location: Instructor:			Pilates Barre 5:15pm Wilson 110 Linnea	Bollywood 6:15pm Wilson 125 Anna	Pilates Barre 6:15pm Wilson 110 Linnea	Hip Hop 6:15pm Wilson 125 Casey	
Class: Time: Location: Instructor:			Muscle Pump 5:15pm Wilson 125 Emily	X-Train 6:30pm Wilson FTS Kiran	Hip Hop 6:15pm Wilson 125 Casey	Cycle 6:30pm Wilson Cycle Studio Megan	
Class: Time: Location: Instructor:			Rhythm HIIT 6:15pm Wilson 125 Kelsey				
Class: Time: Location: Instructor:							
Class: Time: Location: Instructor:							

ROOM KEY:

Wilson 125

Wilson 110

Wilson Cycle Studio

Wilson Functional Training Space (FTS)

Edens (West Campus)