

Duke Outdoor Adventures

Day Trip Personal Packing List Rock Climbing, Bouldering, Hiking, Mountain Biking

Qty	Item	Check
1	Backpack	
1-2	Reusable Water Bottles	
1	Sun Hat	
1	Sunglasses	
1	Pair of Hiking Shoes (Tennis Shoes OK)	
1	Rain Jacket (Weather Dependent)	
1	Insulating Layer (Weather Dependent)	
1	Personal Items - Sunscreen, Camera, Medications (Optional)	