A Commitment to **Health and Wellness**

You don’t have to play Division I sports to be active at Duke. Duke Recreation & Physical Education offers a wide range of programs that encourage healthy lifestyles through education and recreation. Each year, more than 13,000 members of the Duke community—from undergraduate and graduate students to faculty, staff, and alumni—participate in one or more activities offered by Recreation & Physical Education. A division of Duke Athletics, our program provides funding, facilities, and staffing to support 38 sports clubs, 10 intramural sports, the aquatics program, six fitness locations, personal training, physical education classes, and an outdoor adventures program. It is one of the most extensive university-based recreational programs offered anywhere, providing opportunities for students, faculty, and staff who are interested in competitive sports, as well as options for those who simply want to get some exercise, swim, rock climb, kayak, or meet other people with similar interests.

**BY THE NUMBERS**

- **1,300** students participate in 38 sports clubs, 15 of which compete nationally
- **2,300** students take recreation, wellness, and physical education classes
- **3,000** participate in outdoor adventures
- **26,000** play intramural sports (includes those who play in more than one sport and team)
- **27,000** visitors swim, train, and get SCUBA certified at our aquatics center
- **31,000** members take part in group fitness classes (includes repeats)

“We are committed to the total well-being of our students. Recreation and physical fitness plays an important role in keeping our minds, bodies, spirit, and our entire Duke community healthy.”

– FELICIA TITTLE, EXECUTIVE DIRECTOR OF RECREATION & PHYSICAL EDUCATION
Annual Support: Duke Recreation & Physical Education

The incredible demand for new programs, equipment, and facilities drives the need for new sources of funding. Already, Recreation & Physical Education is maximizing facility use across multiple campuses. The newest athletics facility—Pascal Fieldhouse—was designed to serve double duty as both the varsity football program's indoor practice space and an indoor recreation area for the wider Duke community. But the need for additional space and programs continues to grow, particularly as students' interests change each year.

“Sport Clubs have greatly influenced my life by giving me the complete collegiate experience. Annual support from donors will help the program continue to teach fellow Sport Club student-athletes morals and values that can never be learned in just a classroom setting.”

- PARKER POLIAKOFF T'14

Gifts to Recreation & Physical Education support not only our day-to-day operations but also provide critical funding for new intramural and club sport teams, equipment upgrades, and facility improvements. An annual gift to Recreation & Physical Education can help ensure our ability to offer diverse and quality recreation programs that promote health and wellness to the entire Duke community.

Every gift, regardless of size, makes an immediate difference and helps inspire future donors.

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<thead>
<tr>
<th>GIFT LEVELS</th>
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<tr>
<td>&quot;Wall of Fame&quot; (Recognition In Wilson/Brodie)</td>
<td>$25,000</td>
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<td>&quot;Est. 1924&quot; Level</td>
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<td>Blue Devil Level</td>
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University Contact

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